

Marching Band Directors

Instructions to Access the Heat Illness Video

[“A Guide to Heat Acclimatization and Heat Illness Prevention”](#)

1. Go to the website: www.nfhslearn.com
2. Upper right hand corner---sign in---First time users click on register
3. Register as a New User (If you are not a first time user----log in)—fill out the registration page and submit
4. Return to front page of nfhslearn.com
5. Choose video from upper left hand box
6. Click on “order now”
7. Click on “order for myself”
8. Choose “Oklahoma” and click save
9. Click on checkout
10. Click on Complete Purchase---***there is no cost***
11. Click on “to access course”
12. In “My Available Courses” click begin