

## **Instructions for Accessing the Concussion and Heat Acclimatization Videos:**

*A Guide to Heat Acclimatization and Heat Illness Prevention*  
*Concussion in Sports: What You Need to Know*

Go to the website: [www.nfhslearn.com](http://www.nfhslearn.com) and sign in the upper-right hand corner. First time users will need to click on register as a new user and complete and submit registration page.

Return to front page of [www.nfhslearn.com](http://www.nfhslearn.com) and choose either the *Concussion in Sports* or the *Guide to Heat Acclimatization and Heat Illness Prevention* video from the upper-left hand box.

1. Click on Order Now
2. Click on Order for Myself
3. Select Oklahoma
4. Click on Checkout.
5. Click on complete purchase. Although it initially appears as a cost, there is none.
6. Click on Access Course in "My Available Courses."